

ABSTRACT

Preventive services include health education and health guidance. Health guidance involves health education, health counseling and anticipatory guidance. These services mean the care that is given to prevent an infection. The Preventive Reproductive health in Uganda among adolescents is a big concern, more especially in the capital city, Kampala where sexually active adolescents are many.

This study assessed the utilization of preventive reproductive health services (PRHS) among adolescents in Nakawa Division, Kampala, Uganda. The study focused on the following specific objectives; to determine the proportion of adolescents utilizing preventive reproductive health services (PRHS), identify the health care facility related factors, adolescent characteristics and the socio – environmental factors affecting utilization of PRHS among adolescents.

The descriptive cross sectional study was adopted to offer a general picture of the utilization of preventive reproductive health services in Nakawa Division. Both quantitative and qualitative study methods were used to collect data since both approaches supplement each other. Findings revealed that age, sex, level of education, type of school, knowledge of PRHS, religion had significant influence on utilization of almost all PRHS such as family planning, voluntary counseling and testing and sexually transmitted infections treatment while religious affiliation showed significant relationship to utilization of family planning.

Basing on the findings, study recommends active sensitization of the youth in schools through youth forums such as seminars, rallies, drama clubs and any other gathering that creates an opportunity where such information can be shared to scale up their knowledge on the PRHS and the facilities that are available; this will in turn increase utilization of the services.