ABSTRACT

Introduction: Condoms are considered the most effective ways of preventing un-intended pregnancies Sexually Transmitted Diseases and HIV/AIDS. Correct, consistent use and understanding the predictors of their use among secondary school students can contribute to the uptake of condoms as an important strategy for prevention of un-intended pregnancies and HIV/AIDS among the adolescents in Seguku. The main objective of this study was to determine the factors influencing condom utilization among secondary school students aged between 15 and 20 years in Seguku, Sabagabo zone, Wakiso district.

Methodology: The study was cross sectional using both qualitative and quantitative techniques. Semi-structured questionnaires were administered to 138 students at two secondary schools. The questionnaires did not bear the names of the students nor were there any samples collected from them. A letter of permission was written from the university to the respective schools where the research was conducted.

Results Of the 138 students, 89% knew about the condom but its use was observed to be low, 60% of the students do not use the condoms due to the associated myths that are heard of about them. 41% of these students reported that their partners do not approve the use of the condoms because they believe that they may reduce sexual pleasure.

In this study it was revealed that condom use among the secondary school students is still very low (40%), school teachers and leader should strengthen the sex education campaign, in charges of the health centres should therefore formulate outreach programs that teach the correct use of condoms and educate the students on the different uses.