

**AN INTERNSHIP REPORT ON THE ACTIVITIES DONE AT
ART CLINIC JUBA MILITARY HOSPITAL SOUTH
SUDANDONE BETWEEN JUNE AND JULY 2014**

BY

NGOR EMMANUEL GARANG

2012-DPH-FT-007

**AN INTERNSHIP REPORT SUBMITTED TO INSTITUTE OF
HEALTH POLICY AND MANAGEMENT IN PARTIAL
FULLFILLMENT OF THE REQUIREMENT FOR AWARD OF A
DIPLOMA IN PUBLIC HEALTH OF INTERNATIONAL
HEALTH SCIENCES
UNIVERSITY**

December, 2014

TABLE OF CONTENTS

Acknowledgement.....	II
Declaration.....	III
Dedication.....	IV
List of abbreviation.....	V
Extract.....	1
Introduction.....	2
Activity involved.....	5
Achievements.....	7
Challenges face during the internship.....	8
Recommendation.....	9
Conclusion.....	10

Acknowledgement

First, I would like to express my gratitude to appreciation and thank. Dr. Alson Dau the manager of ART clinic Juba military hospital for giving me the opportunity to do an internship with in the organization. It was unique experience to be in Juba military hospital and to study public health issues.

In special way I would like to acknowledge with much appreciation the crucial roles played by the management and the people that worked in the office of Juba military hospital South Sudan. With their patience and openness they created and enjoyable working environment.

Further, more I what to thank all the students, with who I did field work. We experienced great things together and they showed me beat full part of their young national South Sudan. Specially thanks to all students of international Health Science Hospital especially all those in faculty of health policy and management.

Declaration

I **Ngor Emmanuel Garang** declared that this study contains no material or learning tools that has been accepted for the award of another diploma or degree at university or other learning institution. Therefore, to the best of my knowledge and belief it contains no material previously published or prepared by another person or persons except where reference has been made.

Signature.....Date **07/10/2014**

Supervised by

Dr. Alison Dau Meo Signature

Dedication

In specially way, I dedicate this vital a ward to my beloved family especially my mother Atong Louis, uncle Aciec Kout Angello Kout Garang and Benjamin Aciec Grang for the outstanding role they played respectively.

To the entire family of IHSU as well as our beloved academic registrar Ms/ Evely Ayot, dean of student's affairs Mr.Katangata Alex, and Ms Sarah Mwene for the outstanding roles he played ranging from social life to classrooms, she has also played role of guidance my IHSU life. And finally to fallow colleagues in the institute of health policy and management.May God bless you all abundantly

Not forgetting my wander full friends such as Kuel Justine Ayok and Marko Gout Ajiet for always being there for me in any situations. You are untouchable in my life and will always be remembered through out my academic life. You are friend of all times. May you live long!

List of abbreviations

SPLA	Sudanese People's Liberation Army
GHQs	General Head Quarters
UNDP	United Nation Development Program
VCT	Voluntary Counseling and Testing
JMH	Juba Military Hospital
HIV	Human Immune Virus
AIDS	Acquire Immune Deficiency Syndrome
ANT	Antenatal care
ART	Anti Roviral Theatre

Extract

The one month internships at ART clinic Juba military hospital was organized on major public health issues such as VCT, adherence counseling on HIV/AIDS positive living, health education and health promotion, data collection and even ART pharmacy. However, there were some major challenges that I have faced while at ART clinic Juba Military Hospital. I.e. language, transport and insufficiency health facilities among other challenges thought I have propose some recommendation such as increase in health care facilities, patient's follow up while on HIV/AIDS medication and generally transport for easy accessibility of workers to all the SPLA sub-unity.

Introduction

The following report contains description of the activities done during a one month full time internships at SPLA Military corp.-VCT/ART clinic Juba Military hospital. The document therefore, contains information about VCT clinic and the responsibilities that I have done in due course of my internship from June to July2014.

VCT Clinic is one of the largest departments of Juba military Hospital located within the Hospital premise based in capital Juba South Sudan. It's located within the SPLA-GHQs Military barrack commonly known as Rasa jamus-Gieda alam just one killometre north of Jebel market Juba. Being a military hospital it is also public hospital that serves both civilians and soldiers treating mainly tropical diseases.

It was formed in June 2008 as part of juba military hospital to tackle issues of HIV/AIDS treatment.

Its was founded by the administration of the SPLA-GHQs Juba in conjunction with intra-help international, ministry of health and United Nation Development program(UNDP).

Intra-help international gives technical knowledge to SPLA while ministry of health and united nation program played roles of insensitive and drug delivery respectively.

However, VCT clinic as part of Juba military hospital has several doctors from America and South Sudanese doctors across the country.

Mission

Eradication of HIV/AIDS through creating awareness and treatment of this disease amongst the population at risk and as well as other tropical diseases such as gonorrhoea, syphilis and malaria. While on my assigned task at the clinic, I found that the targeted were mainly the SPLA soldiers, local population and commercial sex workers.

Vision

To investigate and ensure HIV/AIDS free generation among the SPLA soldiers and entire local population in few years time through it consistent awareness and treatment of this disease.

Objectives

Like any other organization, VCT clinic-SPLA Military corp. Juba military hospital has several objectives that guided its activities to meet its required goal/mission as seen below.

To control a spread of HIV/AIDS epidemics.

Treatment of HIV/AIDS

Offer essential insensitive and drugs to needy.

Creating awareness about HIV/AIDS among the population

Monitoring and evaluation of HIV/AIDS prevalence.

Therefore, the information above is necessary that of Juba military corps SPLA-GHQs Juba military hospital VCT clinic but not of any other organization in south Sudan.

It was fantastic being in VCT Clinic Juba Military hospital sharing experiences with professional in good working environment and this was due to the following objectives that, I do call study objectives which guided me through out the field of study and they are seen below.

Study objectives

To use my gained skills and knowledge

To see what is liking working in professional field

To understand functioning and working condition while in the field.

To get field experiences.

To enhance my communication skills.

To see what skills and knowledge that I still need to work on by gaining experience.

To build network amongst staff.

Activities

Data collection and management

This is one of major public health area of interest that I was involved in while at work at ART clinic Juba military hospital. And the data collected into patient register are, names age, sex, time and weight of patient among other things before they are sent to the adherent clerks for counseling.

However, this data are got from clients who have come for follow up on there medication as a routine and this took me about a week before I was shifted to VCT room by my supervisor Dr. W. Alison since I was to rotate all the unit of ART clinic juba military hospital.

Voluntary counseling and testing

One week of being at ART clinics, the other activities that I carry out was voluntary counseling and HIV/AIDS. This includes pretest and post test counseling to the clients. My interest here was to explore the knowledge of reproductive health and get used to the clients in competitive working environment. This was very interesting and challenging. My work here was getting clients informed about HIV/AIDS transmission, prevention and treatment and getting client ready for there results after counseling. After these give them counseling on both positive and negative living about HIV/AIDS. All these were done with data being recorded though it was challenging break news of patient's results to them.

Health education and health promotion to pregnant mothers

This was about prevention of mother- to- child transmission; I explore all necessary information to women to avoid such transmission of disease. I also discuss importance of antenatal care to pregnant mothers while emphasizing safe delivery to young women.

Youth were also taught dangers of earlier pregnancy and how to avoid it generally discussing reproductive issues among these women was a must.

ART clinic pharmacy

My job in this pharmacy was to give necessary drugs to the HIV/AIDS patients under instructions; these drugs include septrin, mult-vitamin, ARV's and other drugs.

Patients who had no clear referral form were not given medication until they present detail of their follow up treatment. And as such I took advantage of gaining experiences in pharmaceutical work. However these drugs were given according to doctors' prescription after attending to the patients.

Adherence counseling on HIV/AIDS Positive living

In this department, my job was to let the client know that living positive was not the end of his/her life. He/she must believe that counseling, telling what to do live normal necessary information on how to prolong life. Being public health interest I had a lot to convince patients at all time of visit. Proper follow up was the manager routine for clients to practice.

However, all the five activities above were done rational basis with constant supervision from my beloved supervisor Dr. W. Alison who is being assisted by Mr. D. Kenyi at ART clinic. "Trust be told, " a one month work on rotating on all the activities, I have found out that I have helped the management of ART clinic Juba Military Hospital that left them happy with me through out the training and gaining experience from them.

Achievements

The management of Juba Military hospital clinic with good faith amongst the staff has helped me to achieve the following in the area of public health interest and in health profession career. These achievements were got from all the activities I fully got involved in as seen below.

Prior to the previous knowledge and health promotion in the class have fully gained skills and more knowledge practices that I have successfully gone through at ART clinic Juba military hospital.

I have also achieved working in competitive and professional environment through out a one month internship with the help of my supervisor. Beside the above, I have understood the functioning and working condition in health centre through sharing information with the clients during health education and health promotion.

With health education and promotion that I was involved, I have enhanced my communication skill and build the network of communication between me and all clients that I used to serve.

With the help of practices of all the activities that I have done ART clinic Jubamilitary hospital, I am now ready to serve my community

Without failure in all that I have learned in all areas of public health interest.

While at ART clinic pharmacy I have, successfully gained the pharmaceutical skills which were out of classroom knowledge and now I can assemble, manage, pack and prescribe drugs to HIV/AIDS.

Challenges faced

Though the one month internship was successfully, I have encountered few challenges while on a professional work or duties ART clinic Juba military hospital and these are seen bellow.

First and foremost being civilian working solders was only terrible. Commanding while at work was the order of the day. Although their doctors were more friendly. This was out of my profession.

Though it's a big hospital, we had faced transport problem due to the fact that it is the only busy military hospital in capital Juba and this left most its workers with a such problem. And in most cases cars were used to transport soldiersto their various field operations. Most people only know the local language which made communication between me and the clients to a problem in most areas.

The clients which were on treatment could not always have a follow up on their medication because soldiers were mobile from barracks to barracks a cross the country which makes their treatment had to follow up.

Resident was completely ignored of the danger of HIV/ AIDS to their lives and left not being bothered of such a disease.

Inadequate health workers this left internship students being over worked while at work to the extend that going for lunch sometimes was a problem.

Recommendations

The management of ART clinic Juba military hospital should arrange transport facilities for its workers when on the community outreach or within the military operation units.

There should be always be an mass campaign on the eradication HIV/AIDS through media and public means.

More public health and medical workers to be employed to ease the medical demand of soldiers' high population.

Follow-up on treatment to be made a daily routine to these soldiers all or HIV/AIDS patients.

Stake holders to organize workshop on various health care service for SPLA doctors and soldiers.

Conclusion

ART clinic Juba military hospital being public hospital that serves both civilians' and soldiers was such a conducive ground for me to explore skills and experiences as seen from activities that I was involved although there were few bottlenecks. I did not forget some recommendations to this bottleneck. Greater appreciation to the management of ART clinic Juba military hospital south Sudan.

