

Background all Intrauterine Contraceptive device (IUCD) is a 'I'-shaped. Plastic device inserted in the uterus by a health care professional to prevent pregnancy. According to health Management information System reports of the year 2010. The IUCD uptake was only 26.8% (IIMIS 2010). While the (IUCD) is a safe, cost—effective, time saving and convenient method for mothers, use is very low in Landa then remains a question women are not using IUCDs and the reasons for this are not well understood.

The objective of the study established the factors influencing the uptake of IUCDs among postnatal women in Buwama health Centre III in order to provide recommendations regarding utilization of long term family planning methods.

Methodology: was a descriptive study design employing both quantitative and qualitative approaches with the study being carried out in Buwama health Centre III. Mpigi District and targeted postnatal mothers attending Maternal Child health (MCH) services, Antenatal Care (ANC). Young Child Clinic (YCC) and Primary health Care (PHC) at the health Centre.

Result: 48(100%) did not use or never used IUCDs despite knowledge about IUCDs with 38(79%) pretending other family planning methods i.e. traditional family planning methods as breastfeeding 48(100%). withdrawal. 25 (52%) and dried umbilical cord wrapped around waist (akalira) 6(12.5%) while 1(2.1%) didn't use IUCDs. The level of uptake of IUCD among women seeking family planning services at Buwama health Centre III was very low or none existent. This was due to lack of awareness of IUCD availability and favorable perception about the device had significant associations With IUCD uptake.

Conclusion: the level of uptake of IUCD among women seeking family planning services at Buwama Health Centre III was very low or none existent. This was due to lack of awareness of IUCD availability and a favorable perception about the device had significant associations with IUCD uptake. Partner involvement was not influential in uptake of IUCD because.